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Images Available Upon Request

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# Scented Plants Sunday at Wave Hill July 16, 2023

Bronx, NY, June 12, 2023—Celebrate the scents of summer this weekend, when the air is perfumed with fragrant flowers and foliage. Explore the gardens with our experts, sample tasty recipes and take a bit of summer home with you in the form of an herbal craft. Activities for gardeners and budding herbalists of all ages.

Some events this weekend will take place in fully accessible areas of the garden, some not. Please read the full description of each event—see the links below—to learn more. Events are free with admission unless otherwise indicated. Outdoor events will be cancelled in severe weather. The full schedule for the weekend is at <a href="Scented Plants Sunday - Wave Hill">Scented Plants Sunday - Wave Hill</a>.



## Family Art Project: Exploring Herbal Arts, 10AM-1PM

Using your sense of smell and touch, discover the world of herbal and botanical arts. Decorate your own perfume bottle and then create a scented blend using lavender and other plants inspired by Wave Hill's Herb Garden.

#### Scratch and Sniff Plant Pavilion, 10AM-4PM

Zoom-in on the scents of some familiar and unusual herbs at this drop-in station. Scratch and sniff plants that are suitable for petting, and check out the shapes, textures, colors and scents of their leaves and flowers. What's your favorite? *Ages five and older welcome with an adult.* 

#### "Scentsational" Summer Plant Walk, 11AM-NOON & 1-2PM

Experience first-hand how your olfactory senses can support mindfulness and engender a sense of place and well-being on this rejuvenating garden walk. Stroll through Wave Hill's most extravagantly scented garden areas with **John Beirne**, Curatorial Director of Horticulture at Reeves Reed Arboretum, and discover the varied sensory attributes of herbs and other aromatic plants. Along the way, learn the names and general growing requirements of our favorite fragrant plants for further study or to help plan a sensory garden of your own. *Ages 12 and older welcome with an adult*.

## Cooking Demo: Summery Herbal Beverages and Baked Goods, 11AM-NOON

Peppermint, basil, lemon verbena and more—many herbs taste as good as they smell! Enjoy a taste of summer with some delicious, sweet drinks and baked goods made with fragrant herbs harvested at their peak. **Chef Nick Acosta** of Wave Hill exclusive caterer **Great Performances** demonstrates some favorite summer recipes while Wave Hill's Director of Public Programs **Laurel Rimmer** shares tips for selecting and growing the herbs featured in the recipes. *Ages 10 and older welcome with an adult.* 

## Incense & Smudges Workshop, 1-3PM

Join **Melissa Rivera** of **Holistic Energy Healing** in a gentle circle-meditation, then learn the history and uses of incense and smudges. Work in groups to concoct your own natural incense cones and smudge bundles inspired by the delightful aromas of the Herb Garden. Go home with handmade products, recipes and resources, and a new wellness ritual to add to your routine. *Ages 12 and older welcome with an adult.* \$55, including admission to the grounds. Wave Hill Members save 10% *Registration required.* 

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Wave Hill Incorporated is an independent non-profit cultural institution governed by a volunteer Board of Directors. The City of New York owns the buildings and grounds of Wave Hill. With the assistance of the Bronx Borough President and Bronx representatives in the City Council and State Legislature, Wave Hill's operations are supported with public funds through the New York City Department of Cultural Affairs; the Zoos, Botanical Gardens and Aquariums Grant Program administered by the New York State Office of Parks, Recreation and Historic Preservation; the National Endowment for the Arts; and New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.







#### **About Wave Hill**

A 28-acre public garden and cultural center overlooking the Hudson River and Palisades, Wave Hill's mission is to celebrate the artistry and legacy of its gardens and landscapes, to preserve its magnificent views, and to explore human connections to the natural world through programs in horticulture, education and the arts.

HOURS: Open all year, Tuesday–Sunday, 10AM–5:30PM. Marco Polo Stufano Conservatory 10AM–Noon; 1–4PM. ADMISSION TO THE GROUNDS: \$10 adults, \$6 students and seniors 65+, \$4 children 6-18. Free Thursdays. Free to Wave Hill Members, children under 6. DIRECTIONS at wavehill.org.

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