

Walk for the Senses

Grades: Early Childhood (Pre-K)

Key Words and Definitions

SENSE	One of the five ways in which the human body experiences the world; smell, sight, hearing, taste and touch
TEXTURE	The way something feels to the sense of touch

Pre-Field Trip Activity: Texture Touch

One 20-minute session; pre-visit

Learning Objective

Students will use their sense of touch to learn about texture and words that describe texture.

Materials

A variety of natural materials are suggested (e.g. feathers, pinecones, cotton, seashells, leaves, etc.).

Procedure

1. Explain to your students that we rely on our sense of touch to understand the world around us. We will be exploring a new place during our field trip—Wave Hill! We'll be using our sense of touch to discover different textures during our time at Wave Hill.
2. Introduce keywords sense and texture with their definitions. Show examples of descriptive words to describe textures such as sticky, hard, soft, rough, smooth. Keep these descriptive words visible and accessible to your students during the activity.
3. Explain to your students they will each be feeling different textures, passing them around, and discussing the textures with their classmates.
4. Divide the class into small groups and provide them with the listed materials with time for exploration and discussion. Say that they can look for similar and different textures during the field trip!

Sources

 [How Your Skin Works - YouTube](#)

Post-Field Trip Activity: Smelling Scents

One 20-minute session; post-visit

Learning Objective

Students will learn about their sense of smell by smelling different scents and discovering their sources.




Materials

- Small containers
- Herbs and/or spices (i.e., lavender, cinnamon, rosemary, etc.).
- Sachet bags or tissue paper and string (optional)

Procedure

1. Place herbs and/or spices on trays. Put students into small groups, allowing them to share a working space. Provide each student with a plate, where they can add different herbs and spices from the group tray for closer examination.
2. Ask the class if anyone had a favorite scent that they smelled at Wave Hill. Why did they like it? Did it remind them of anything? Say that they'll be continuing to use their sense of smell to explore the herbs and spices on the trays in front of them.
3. Allow students to spend some time smelling and familiarizing themselves with the available herbs and spices.
4. Instruct students to start experimenting with combining different scents. What happens when we smell cinnamon and rosemary together? Are there certain scents that smell better when mingled with a different scent?
5. Encourage students to notice their favorite combinations of scents. Why did they choose certain herbs/spices to go together? Do these scents/combinations of scents remind them of anything they've smelled before? What is their favorite scent? Do any of the students recognize a scent they also smelled during the field trip?
6. If you'd like, you can also allow students to make a sachet or herb bundle by sprinkling different herbs and spices into a small bag or piece of tissue paper and tying it shut.

Sources

-  [Smell | Five Senses Song | Wormhole English - Songs For Kids - YouTube](#)
-  [Five Senses: The Sense of Smell | Educational Videos for Kids - YouTube](#)
-  [How Your Nose Works - YouTube](#)



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